



ANTI-DISCRIMINATION & ANTI-HARASSMENT POLICY

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1 Purpose

- Health Dynamics Pty Ltd T/A Vibe Natural Health is committed to providing a safe, flexible and respectful environment for staff and clients free from all forms of discrimination, bullying and sexual harassment.
- All Health Dynamics Pty Ltd T/A Vibe Natural Health staff are required to treat others with dignity, courtesy and respect.
- By effectively implementing our Workplace discrimination and harassment policy we will attract and retain talented staff and create a positive environment for staff.

2 Scope


This policy applies to:

- Board members & Board of Peers
- All staff, including: managers and supervisors; full-time, part-time or casual, temporary or permanent staff; Consultants and volunteers
- How Health Dynamics Pty Ltd T/A Vibe Natural Health provides services to clients and how it interacts with other members of the public
- Working or after hours work; work-related social functions; conferences – wherever and whenever staff may be as a result of their Health Dynamics Pty Ltd T/A Vibe Natural Health duties
- Staff treatment of other staff, of clients, and of other members of the public encountered in the course of their Health Dynamics Pty Ltd T/A Vibe Natural Health duties.

3 Staff rights and responsibilities

All staff are entitled to:

- Work free from discrimination, bullying and sexual harassment
- Right to raise issues or to make an enquiry or complaint in a reasonable and respectful manner without being victimised
- Reasonable flexibility in working arrangements, especially where needed to accommodate their family responsibilities, disability, religious beliefs or culture.

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All staff must:

- Follow the standards of behaviour outlined in this policy
- Offer support to people who experience discrimination, bullying or sexual harassment, including providing information about how to make a complaint
- Avoid gossip and respect the confidentiality of complaint resolution procedures
- Treat everyone with dignity, courtesy and respect.

3.1 Additional responsibilities of Directors and Managers

Board of Directors and Managers must also:

- Model appropriate standards of behaviour
- Take steps to educate and make staff aware of their obligations under this policy and the law
- Intervene quickly and appropriately when they become aware of inappropriate behaviour
- Act fairly to resolve issues and enforce workplace behavioural standards, making sure relevant parties are heard
- Help staff resolve complaints informally
- Refer formal complaints about breaches of this policy to the appropriate complaint handling officer for investigation
- Ensure staff who raise an issue or make a complaint are not victimised
- Ensure that recruitment decisions are based on merit and that no discriminatory requests for information are made
- Seriously consider requests for flexible work arrangements.

4 Unacceptable workplace conduct

Discrimination, bullying and sexual harassment are unacceptable at Health Dynamics Pty Ltd T/A Vibe Natural Health and are unlawful under the following legislation:

- *Sex Discrimination Act 1984*
- *Racial Discrimination Act 1975*
- *Disability Discrimination Act 1992*
- *Age Discrimination Act 2004*



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- *Australian Human Rights Commission Act 1986*

Staff (including BOPs) found to have engaged in such conduct might be counselled, warned or disciplined. Severe or repeated breaches can lead to formal discipline up to and including dismissal.

4.1 Discrimination

Discrimination is treating, or proposing to treat, someone unfavorably because of a personal characteristic protected by the law, such as sex, age, race or disability.

Discrimination can occur:

Directly, when a person or group is treated less favorably than another person or group in a similar situation because of a personal characteristic protected by law (see list below).

Indirectly, when an unreasonable requirement, condition or practice is imposed that has, or is likely to have, the effect of disadvantageous people with a personal characteristic protected by law (see list below).

Protected personal characteristics under Federal discrimination law include:

- Disability, disease or injury, including work-related injury
- Parental status or status as a carer, for example, because they are responsible for caring for children or other family members
- Race, colour, descent, national origin, or ethnic background
- Age, whether young or old, or because of age in general
- Sex
- Industrial activity, including being a member of an industrial organisation like a trade union or taking part in industrial activity, or deciding not to join a union
- Religion
- Pregnancy and breastfeeding
- Sexual orientation, intersex status or gender identity, including gay, lesbian, bisexual, transsexual, transgender, queer and heterosexual
- Marital status, whether married, divorced, unmarried or in a de facto relationship or same sex relationship
- Political opinion



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- Social origin
- Medical record
- An association with someone who has, or is assumed to have, one of these characteristics, such as being the parent of a child with a disability.

It is also against the law to treat someone unfavourably because you assume they have a personal characteristic or may have it at some time in the future.

4.2 Bullying

If someone is being bullied because of a personal characteristic protected by equal opportunity law, it is a form of discrimination.

Bullying can take many forms, including jokes, teasing, nicknames, emails, pictures, text messages, social isolation or ignoring people, or unfair work practices.

Under Federal law, this behaviour does not have to be repeated to be discrimination – it may be a one-off event.

Behaviors that may constitute bullying include:

- Sarcasm and other forms of demeaning language
- Threats, abuse or shouting
- Coercion
- Isolation
- Inappropriate blaming
- Ganging up
- Constant unconstructive criticism
- Deliberately withholding information or equipment that a person needs to do their job or access their entitlements
- Unreasonable refusal of requests for leave, training or other workplace benefits.

Bullying is unacceptable in Health Dynamics Pty Ltd T/A Vibe Natural Health and may also be against occupational health and safety law.



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4.3 Sexual harassment

Sexual harassment is a specific and serious form of harassment. It is unwelcome sexual behaviour, which could be expected to make a person feel offended, humiliated or intimidated. Sexual harassment can be physical, spoken or written. It can include:

- Comments about a person's private life or the way they look
- Sexually suggestive behaviour, such as leering or staring
- Brushing up against someone, touching, fondling or hugging
- Sexually suggestive comments or jokes
- Displaying offensive screen savers, photos, calendars or objects
- Repeated unwanted requests to go out
- Requests for sex
- Sexually explicit posts on social networking sites
- Insults or taunts of a sexual nature
- Intrusive questions or statements about a person's private life
- Sending sexually explicit emails or text messages
- Inappropriate advances on social networking sites
- Accessing sexually explicit internet sites
- Behaviour that may also be considered to be an offence under criminal law, such as physical assault, indecent exposure, sexual assault, stalking or obscene communications.

All staff and volunteers have the same rights and responsibilities in relation to sexual harassment.

A single incident is enough to constitute sexual harassment – it doesn't have to be repeated.

All incidents of sexual harassment – no matter how large or small or who is involved – require employers and managers to respond quickly and appropriately.

Health Dynamics Pty Ltd T/A Vibe Natural Health recognises that comments and behaviour that do not offend one person can offend another. This policy requires all staff and volunteers to respect other people's limits.

4.4 Victimization

Victimization is subjecting or threatening to subject someone to a detriment because they have asserted their rights under equal opportunity law, made a complaint, helped someone else make a complaint, or



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refused to do something because it would be discrimination, sexual harassment or victimization. Victimization is against the law.

It is also victimization to threaten someone (such as a witness) who may be involved in investigating an equal opportunity concern or complaint.

Victimization is a very serious breach of this policy and is likely (depending on the severity and circumstances) to result in formal discipline against the perpetrator.

Health Dynamics Pty Ltd T/A Vibe Natural Health has a zero tolerance approach to victimisation.

4.5 Gossip

It is unacceptable for staff at Health Dynamics Pty Ltd T/A Vibe Natural Health to talk with other staff members, clients or suppliers about any complaint of discrimination or harassment.

Breaching the confidentiality of a formal complaint investigation or inappropriately disclosing personal information obtained in a professional role (for example, as a manager) is a serious breach of this policy and may lead to formal discipline.

5 Merit at Health Dynamics Pty Ltd T/A Vibe Natural Health

All recruitment and job selection decisions at Health Dynamics Pty Ltd T/A Vibe Natural Health will be based on merit – the skills and abilities of the candidate as measured against the inherent requirements of the position – regardless of personal characteristics.

It is unacceptable and may be against the law to ask job candidates questions, or to in any other way seek information, about their personal characteristics, unless this can be shown to be directly relevant to a genuine requirement of the position.

6 Resolving issues at Health Dynamics Pty Ltd T/A Vibe Natural Health

Health Dynamics Pty Ltd T/A Vibe Natural Health strongly encourages any staff member who believes they have been discriminated against, bullied, sexually harassed or victimized to take appropriate action by

Staff who do not feel safe or confident to take such action may seek assistance for advice and support or action their behalf.



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6.1 Employee assistance program

Health Dynamics Pty Ltd T/A Vibe Natural Health staff are entitled to a certain amount of free, professional counselling from our employee assistance program.

Employee assistance program counselling is confidential and nothing discussed with a counsellor will be communicated back to Health Dynamics Pty Ltd T/A Vibe Natural Health. Employee assistance program counselling is available free to Health Dynamics Pty Ltd T/A Vibe Natural Health staff regardless of whether the issue is related to a workplace problem or some other issue for the staff member.